

# Angela M. Pfeiffer, Ph.D.

12946 Dairy Ashford Rd, Suite 260, Sugar Land, Texas 77478, phone: (281)242-2595 fax: (281)242-2909  
Clinical Psychologist  
Texas License Number: 3-0592

## Consent for Evaluation/Treatment

Client's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I \_\_\_\_\_, hereby give full consent to receive services of Angela M. Pfeiffer, Ph.D. until I notify her or she determines services are no longer appropriate or will no longer be provided. . I understand my first session with Dr. Pfeiffer is a consultation only. This consultation is for an evaluation of my mental health. It may take more than one session to complete the evaluation. I understand formal treatment is not initiated until Dr. Pfeiffer and I agree to do so.

I authorize Dr. Pfeiffer to carry out the psychological assessments and treatment that are advisable during the course of my psychotherapy. I understand that while the assessment and treatment is designed to be helpful and beneficial, it may at times be difficult and uncomfortable. There is an expectation that I will benefit from treatment, but there is no guarantee this will occur. I also understand that the nature of psychotherapeutic treatment includes the possibility that symptoms may worsen before improving, and that there is no guarantee of a cure.

## CONFIDENTIALITY

I understand that any information I provide to Angela M. Pfeiffer, Ph.D. is confidential and generally will not be released to others without my written consent. However, I understand that professional ethical obligations, state and/or federal law might require Angela M. Pfeiffer, Ph.D. to disclose confidential information without my consent in certain circumstances. I understand Angela M. Pfeiffer, Ph.D. may be required to disclose confidential information, without my consent, in one or more of the following situations:

In the event that the therapy session reveals any information concerning the abuse of a child, elder or disabled person, Angela M. Pfeiffer, Ph.D. is mandated by law to make a report to the proper authorities. By signing this document, I acknowledge my awareness of this fact.

If the course of therapy reveals any intent I may be of harm to others, or myself, I acknowledge Angela M. Pfeiffer, Ph.D.'s legal and moral duty to prevent me from bringing this harm about. I specifically give my irrevocable permission to warn those parties she feels may be harmed. If I reveal an intent to harm myself, Angela M. Pfeiffer, Ph.D. has my permission, also irrevocable, to prevent me from accomplishing that intent.

If I have been referred to this practice by a managed care or insurance company, or I plan to request Angela M. Pfeiffer, Ph.D. file for reimbursement with a managed care or insurance company, I am aware of this arrangement. As a requirement of the managed care or insurance company, I understand Angela M. Pfeiffer, Ph.D. will be required to provide a mental health diagnosis, and may be required to provide them with a complete copy of the records generated in my therapy. Once these records are in the possession of the managed care or insurance company, Angela M. Pfeiffer, Ph.D. cannot guaranty their continued confidentiality.

Additionally, if a lawsuit is filed by me against Angela M. Pfeiffer, Ph.D. for breach of duty; or if a court order, legal proceeding, statute, or regulation requires disclosure of records, I understand legal obligations may require the release of my therapy records.

## RECORDS

I understand it is stated law that psychologists maintain a record of the treatment given to me. This record will contain the information that will allow Angela M. Pfeiffer, Ph.D. to chart the course of therapy. She will use it only for that purpose. It is her intent that no one will ever see what is contained in the file. I understand I may get a copy of the file only by providing her with a signed release of information request. Angela M. Pfeiffer, Ph.D. may provide me with a synopsis of the course of treatment and

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outcome in lieu of the actual record. I agree I will pay in advance for either the copying cost of the actual record or the time required for the preparation of the treatment summary. This includes providing copies or reports to any court or legal representative or designate.

If the therapy sessions contain more than one patient, I agree that no one person may get the complete treatment file. Angela M. Pfeiffer, Ph.D. will attempt to maintain separate records on each patient. However, only that individual is entitled to his/her own record. I agree Angela M. Pfeiffer, Ph.D. may synopsise the course of each individual's treatment as opposed to providing a copy of what notes may have been made during any therapy session.

If I have been referred to this practice by a managed care or insurance company, or I plan to request Angela M. Pfeiffer, Ph.D. file for reimbursement with a managed care or insurance company, I am aware that she may have to waive my right to confidentiality as it pertains to in the managed care or insurance company. If she is an approved provider, she may have to share all the information I provide with this organization. I understand Angela M. Pfeiffer, Ph.D. will do so as required to get me all the treatment that is appropriate. I am aware that the organization is not bound by her ethical and legal requirements on maintaining the confidentiality my treatment may require. Once these records are in the possession of the managed care or insurance company, Angela M. Pfeiffer, Ph.D. cannot guaranty their continued confidentiality.

In the event that Angela M. Pfeiffer, Ph.D. becomes in capacitated or dies, it will become necessary for another therapist to take possession of your files and records. By signing this form, you give your consent to allow another licensed mental health professional, selected by Dr. Pfeiffer, to take possession of your records and provide you with copies upon request, or to deliver them to a therapist of your choice.

**PAYMENT**

I understand payment is due at the time of service. Payment schedule will be made known to me before my initial session.

**MISSED PAYMENTS**

I understand if I do not uphold my responsibility to pay for services, this may result in the termination of treatment with Dr. Pfeiffer and referral for appropriate treatment services elsewhere.

**MISSED SESSIONS**

If I need to cancel a session with Angela M. Pfeiffer, Ph.D., I agree to provide at least 24 hours notice. If I do not provide this notice, I understand I will be billed the full amount of the therapy session.

**TERMINATION OF TREATMENT**

I understand the length of time required for therapy will be determined by my personal situation. I understand Angela M. Pfeiffer, Ph.D. will do her best to fulfill my therapeutic needs and to provide me with her best professional care. For my part, I agree to participate in the process as needed to the best of my ability. It is intended that when my needs are met, to the extent that they can be, we will terminate our relationship. There is no guarantee of a cure.

I understand I may terminate treatment at any time. This may be accomplished in any one of several ways. These include, but are not limited to, putting it in writing, informing her verbally, failing to maintain my appointment schedule without proper notification, or failure to follow treatment recommendations. I understand Angela M. Pfeiffer, Ph.D. will respect my wishes to terminate treatment. I also understand the method I choose to accomplish termination will impact any decision to resume a therapeutic relationship with her.

My signature on this consent form verifies that I have had the opportunity to ask questions regarding procedures, policies, and therapeutic techniques, that my questions were answered to my satisfaction by Angela M. Pfeiffer, Ph.D., and that I voluntarily give my consent for treatment. I understand that I have the right to withdraw my consent for treatment at any time.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Patient

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Witness

**PERSONAL HISTORY QUESTIONNAIRE**

**Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Can I leave a message on this line? Yes No**

**Work Phone:** \_\_\_\_\_ **Can I leave a message on this line? Yes No**

**Cell Phone:** \_\_\_\_\_ **Can I leave a message on this line? Yes No**

*Occasionally it is easier to communicate about appointments through email than phone. If you would like the option of communicating about issues such as appointments, scheduling, payments, etc, please list email addresses below. It is important to note, however, that email is not a 100% secure form of communication and thus privacy cannot be guaranteed. Email will not be used for advice, treatment, or any other form of intervention with your provider. By listing email addresses below, you are acknowledging your understanding of these statements.*

**Email address:** \_\_\_\_\_

**How did you find out about me?** \_\_\_\_\_

**REASON FOR SEEKING PSYCHOTHERAPY**

What brought you here today? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

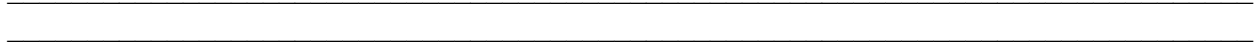
**EDUCATION/EMPLOYMENT BACKGROUND**

Highest level of education completed: \_\_\_\_\_

Employment status: \_\_\_\_\_  
\_\_\_\_\_

Are you content with your current employment? \_\_\_\_\_

Have you had any previous educational, neuropsychological, or psychological testing? If so, when and where? What were the results? \_\_\_\_\_  
\_\_\_\_\_



**FAMILY**

Please list family members who live in the home and their ages.

_____	_____
_____	_____
_____	_____
_____	_____

Are there any family members who live elsewhere? Please list their names, ages, and reason for moving out.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does any family member travel frequently? How often? \_\_\_\_\_

\_\_\_\_\_

Has there been a divorce in the family? If so, when? If applicable, what are the custody arrangements?

\_\_\_\_\_

\_\_\_\_\_

Are there any other family members who are very actively involved in your family life? If so, who?

\_\_\_\_\_

**RECREATION**

How do you spend free time? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How much exercise do you get? \_\_\_\_\_

\_\_\_\_\_

**STRESSORS**

Have you experienced any stressful events in the last year? Please check the following.

- |   |   |
|---|---|
| <input type="checkbox"/> Death in the family                    | <input type="checkbox"/> Son or daughter leaves home  |
| <input type="checkbox"/> Death of a close friend                | <input type="checkbox"/> Conflict with in-laws  |
| <input type="checkbox"/> Serious illness or injury, yourself    | <input type="checkbox"/> Change in job - new position, new company, laid off, retired, quit |
| <input type="checkbox"/> Serious illness or injury, a loved one | <input type="checkbox"/> Change in financial status, either more or less money              |
| <input type="checkbox"/> Family fighting                        | <input type="checkbox"/> Change in daily responsibilities                                   |
| <input type="checkbox"/> Marital problems                       | <input type="checkbox"/> Change in social network   |
| <input type="checkbox"/> Divorce or separation                  | <input type="checkbox"/> New marriage in the family   |
| <input type="checkbox"/> Marital reconciliation                 |   |
| <input type="checkbox"/> Problems with child rearing            |   |

Move to a new home

Outstanding personal achievements

Other: \_\_\_\_\_

**MEDICAL HISTORY**

Does you have any of the following medical problems?

<u>Current</u>	<u>Past</u>		<u>Current</u>	<u>Past</u>	
<input type="checkbox"/>	<input type="checkbox"/>	Heart Problems	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Head Injury
<input type="checkbox"/>	<input type="checkbox"/>	Digestive Problems	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Surgeries
<input type="checkbox"/>	<input type="checkbox"/>	Hypothyroidism	<input type="checkbox"/>	<input type="checkbox"/>	Tics
<input type="checkbox"/>	<input type="checkbox"/>	Hyperthyroidism	<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes, Type I	<input type="checkbox"/>	<input type="checkbox"/>	Unexplained pains
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes, Type II	<input type="checkbox"/>	<input type="checkbox"/>	PMS symptoms
<input type="checkbox"/>	<input type="checkbox"/>	Overweight	<input type="checkbox"/>	<input type="checkbox"/>	Muscle tension
<input type="checkbox"/>	<input type="checkbox"/>	Underweight	<input type="checkbox"/>	<input type="checkbox"/>	Headaches
<input type="checkbox"/>	<input type="checkbox"/>	Back or neck pain	<input type="checkbox"/>	<input type="checkbox"/>	Cancer
<input type="checkbox"/>	<input type="checkbox"/>	Alcohol use/abuse	<input type="checkbox"/>	<input type="checkbox"/>	Drug use/abuse

If you checked any of the boxes above, please describe the problem.

\_\_\_\_\_

\_\_\_\_\_

Are you currently taking any medications? If so, please list. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are there any other medical problems not listed above that you experience? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are there any serious medical problems someone in the family has? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**MENTAL HEALTH HISTORY**

Have you sought psychotherapy before? If so, what were the circumstances? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Did you find therapy helpful? \_\_\_\_\_

Have you ever taken any medications to help with any mental health problems? If so, please list along with the prescribing physician's name.

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Did you (or do you ) find the medication helpful?

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Has you or any of your family members struggled with any of the following problems?

	Myself, current	Myself, past	Parent	Sibling	Child	Spouse
Depression, sadness						
Anxiety / Excessive Worries						
Panic Attacks						
Obsessions and/or Compulsions						
Suicidal thoughts						
Attempted Suicide						
Learning Disabilities						
Attention Deficit/Hyperactivity						
Problems with Anger						
Problems with Assertiveness						
Oppositionality/Defiance						
Schizophrenia or Psychosis						
Nervous Breakdown						
Heavy Alcohol Use						
Drug Use/Abuse						
Eating Disorder						
Abused in any way						



Other:						
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**ANYTHING ELSE?**

Is there anything else you would like to make sure I know? \_\_\_\_\_

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**Angela M. Pfeiffer, Ph.D., P.C.**  
**Clinical Psychologist**

**NOTICE OF PRIVACY PRACTICES**

IN ACCORDANCE WITH THE HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT (HIPAA), THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED, AS WELL AS HOW YOU MAY GAIN ACCESS TO THIS INFORMATION. PLEASE REVIEW CAREFULLY AND SIGN THE ACKNOWLEDGEMENT OF RECEIPT.

Protecting Your Personal and Health Information

This notice will explain how we handle your medical/mental health information. Applicable federal and state laws require us to maintain the privacy of clients' personal and health information. In this Notice, your personal or protected health information is referred to as "health information" or "PHI" and includes information regarding your health care and treatment with identifiable factors, such as your name, age, address, income or other financial information. Because state and federal laws, combined with our professional ethics, are very complicated, some parts of this notice are very detailed and may seem difficult to understand. Please know Angela M. Pfeiffer, Ph.D., PC is committed to protecting the privacy of your health and personal information and is available to answer any questions you may have.

How We Protect Your Health Information

Angela M. Pfeiffer, Ph.D., P.C. protects your health information by treating all of your health information that she collects as confidential (for exceptions to confidentiality see Consent for Treatment), by training all staff in federal and state confidentiality policies and practices per HIPAA, by restricting access to your health information only to those office staff that needs to know your health information in order to provide her services to you, and by maintaining physical, electronic, and procedural safeguards to comply with federal and state regulations guarding your health information.

Uses and Disclosures for Treatment, Payment, and Health Care Operations

Angela M. Pfeiffer, Ph.D., P.C. may use or disclose your protected health information for treatment, payment, and health care operations purposes if you have given consent to receive evaluation or treatment services.

Clarification of terms:

PHI- information in your health record that could identify you.

Treatment, Payment, and Health Care Operations

Treatment- when office provides, coordinates, or manages your health care and other services related to your health care. An example of treatment would be when our office consults with another health care provider, such as your family physician.

Payment- when you provide reimbursement for the services you receive in the office. An example of payment would be when our office discloses your PHI to your health insurer to obtain reimbursement for your health care or to determine eligibility or coverage.

Health Care Operations – are activities that relate to the performance and operation of our office. Examples of health care operations are quality assessment and improvement activities, business related matters such as audits and administrative services, case management and care coordination, and conducting training and educational programs or accreditation activities.

Use – Activities within the office such as sharing, employing, applying, utilizing, examining, and analyzing information that identifies you.

Disclosure – Activities outside of the office, such as releasing, transferring, or providing access to information about you to other parties.

Uses and Disclosures Requiring Authorization

Angela M. Pfeiffer, Ph.D., PC and any administrators of her may use or disclose PHI for purposes outside Treatment, Payment, or Health Care Operations when your authorization is obtained. An "authorization" is written permission above and beyond the general consent that permits only specific disclosures. In those instances when the office is asked for information for purposes outside of Treatment, Payment, or Health Care Operations, we will obtain an authorization from you before releasing this information. Specific authorization is also obtained before releasing your psychotherapy notes. Psychotherapy notes are notes made about treatment and are given a greater degree of protection than PHI.

You may revoke all such authorizations at any time, provided each revocation is in writing. After that time, we will not use or disclose your information for the purposes originally agreed upon. However, we cannot take back any information already disclosed with your permission or that we had used in our office.

Uses and Disclosures Not Requiring Consent or Authorization

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The laws lets Angela M. Pfeiffer, Ph.D., PC use or disclose PHI without your consent or authorization in some cases. Here are some examples of when this might occur:

When Required by Law - Suspected child abuse must be reported. Also, if you are involved in a lawsuit or legal proceeding and the provider receives a subpoena, discovery request, or other lawful process, some of your PHI may have to be released. This will occur only after trying to tell you about the request, consulting your lawyer, or trying to get a court order to protect the information being requested. Finally, some information has to be disclosed to governmental agencies, which check on providers to see that privacy laws are being obeyed.

For Law Enforcement Purposes – Information may be released if your provider is asked to do so by a law enforcement official to investigate a crime or criminal.

For Public Health Activities – Some of your PHI might be disclosed to agencies which investigate diseases or injuries.

Relating to Decedents – PHI might be disclosed to coroners, medical examiners, or funeral directors, and to organizations relating to organ, eye, or tissue donations or transplants.

For Specific Government Functions – PHI of military personnel and veterans may be disclosed to government benefit programs relating to eligibility and enrollment. PHI may also be disclosed to Workers Compensation and Disability Programs, to correctional facilities if you are an inmate, and for national security reasons.

To Prevent a Serious Threat to Health or Safety – If your provider believes that there is a serious threat to your health or safety or that of another person or the public, the provider can disclose some of your PHI. This disclosure will only be provided to persons who can prevent the danger.

Therapist's Incapacity or Death – In the event that your provider becomes incapacitated or dies, it will become necessary for another therapist to take possession of your files and records.

### Patient Rights and Provider's Duties

#### Patient Rights:

Rights to Request Restrictions – You have the right to request that your provider limits what is told to people involved in your care or the payment of your care, such as family members and friends. Angela M. Pfeiffer, Ph.D., PC may not be able to accept your request; however, if accepted she will uphold it except in case of emergency or if it is against the law.

Right to Receive Confidential Communications by Alternative Means/Locations – You have the right to request and receive confidential communications of PHI by alternative means and at alternative locations. (For example, you may not want a family member to know that you are being seen at the office. On your request, communications will be sent to an alternate address.)

Right to Inspect and Copy – You have the right to inspect and/or obtain a copy of your records. A reasonable fee may be charged for copying. Access to your records may be limited or denied under certain circumstances, but in most cases you have a right to request a review of that decision. On your request, we will discuss with you the details of the request and denial process.

Right to Amend – You have the right to request in writing an amendment of your health information for as long as PHI records are maintained. The request must identify which information is incorrect and include an explanation of why you think it should be amended. If the request is denied, a written explanation stating why will be provided to you. You may also make a statement disagreeing with the denial, which will be added to the information of the original request. If your original request is approved, we will make a reasonable effort to include the amended information in future disclosures. Amending a record does not mean that any portion of your health information will be deleted.

Right to an Accounting – You generally have the right to receive an accounting of disclosures of PHI. If your health information is disclosed for any reason other than treatment, payment, or operation, you have the right to an accounting for each disclosure of the previous six (6) years. The accounting will include the date, name of person or entity, description of the information disclosed, the reason for disclosure, and other applicable information. If more than one (1) accounting is requested in a twelve (12) month period, a reasonable fee may be charged.

Electronic vs. Paper – If you received this notice electronically (e.g., accessing a website) you have the right to obtain a paper copy of the notice from the office upon request.

#### Duties of Angela M. Pfeiffer, Ph.D., PC:

Provider is required by law to maintain the privacy of PHI and to provide you with this notice of legal duties and privacy practices. Angela M. Pfeiffer, Ph.D., PC reserves the right to change the privacy policies and practices and terms of this Notice at any time, as permitted by applicable law. She reserves the right to make the changes in privacy practices and the new terms of our Notice effective for all health information that we maintain, including health information we created or received before we made the changes. Unless we notify you of such changes, however, the office is required to abide by the terms currently in effect.

### Questions and Complaints

For questions regarding this Notice of our Privacy Practices, or if you are concerned that your privacy rights may have been violated, please contact Angela M. Pfeiffer, Ph.D., PC. You may also make a written complaint to the US Department of Health and Human Services, whose address can be provided upon request. If you choose to make a complaint with the US Department of Health and

Human Services, or with me, I will not retaliate in any way.

Angela M. Pfeiffer, Ph.D., PC  
12946 Dairy Ashford, Suite 260  
Sugar Land, Texas 77478  
281-242-2595

**Angela M. Pfeiffer, Ph.D., P.C.  
Clinical Psychologist**

**CONSENT FOR THE USE OR DISCLOSURE OF HEALTH INFORMATION FOR TREATMENT, PAYMENT,  
OR HEALTH CARE OPERATIONS**

In my notice of Privacy Practices, I provide you with information about how I can use or disclose your personal and health information. As described in my Notice of Privacy Practices, I request your consent for use or disclosure of mental health and medical information to carry out treatment, payment, or health care operations. You have a right to review my Notice of Privacy Practices before signing this Consent form.

By signing this Consent form, you: (1) Acknowledge that a copy of the Notice of Privacy Practices has been provided to you; and (2) Consent to our use and disclosure of your health information for treatment, payment, or health care operations, as described in the Notice of Privacy Practices.

You have the right to revoke this Consent in writing any time, except where we have already used or disclosed your health information in reliance upon this Consent.

\_\_\_\_\_  
Patient's Name (Printed)

\_\_\_\_\_  
Signature of Parent or Legal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Parent or Legal Representative